



Prof. Mihaela Minulescu PhD.

Europass

Curriculum vitae

Name: Minulescu

Surname: Mihaela

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Romanian Psychology Council Senior trainer: Clinical psychologist, Counseling psychologist and Analytical psychology psychotherapist, and trainer 00003

Psychoanalyst, IAAP member

Professional formation:

- Psychology department at the Philosophy Faculty of Bucharest University, major in Psychology, 1970-1974;
- PhD in Psychology, Bucharest University, 1982
- Graduated the training in Jungian Psychoanalysis, under the IAAP, Zurich 2016

Professional abilities / experience / relevant academics skills

- Abilitated for doctoral coordination by Minister of Education and Research, Order 467 / 14.08. 2009
- Psychological studies in the line of Clinical Psychology, Analytical Psychotherapy, Psychological Testing and Personal Selection (personnel and HR management techniques, organizational diagnosis, organizational interventions and organizational

development, occupational stress, and coping mechanisms etc; job evaluation, job analysis and general evaluation of organizational structures and procedures.

- Methodology-centered studies: instrument validation, validity and reliability testing, indigenization and adaptation in Romania of a number of internationally renowned psychological measures, like CPI (*California Psychological Inventory*), NEO PI R, NPQ (*Nonverbal Personality Questionnaire*), FFNPQ (*Five-Factor Nonverbal Personality Questionnaire*).
- Introducing Big Five techniques in Romania: building and validation of ABCD-M Inventory - Romanian BF (1993-2005)
- Accredited for independent practice, training and supervision in *analytical psychotherapy, clinical psychology and occupational psychology*, by Romanian Psychological Council (nr. 1188/2006.03.01, individual code 00003) and Romanian Federation of Psychotherapy (2000).
- Designing and supervising academic master programs and continuous education programs: *Organizational And Human Resource Management* according to Low no. 213, 2004.05.29 on psychology profession, & *Conflict Management in Transient Societies* on Low 192, 2006.05.16 on Mediation and organizing of mediator as profession meant for people working in conflict mediation and negotiations in different organizations; & *Analytical Psychotherapy* according to Low no. 213, 2004.05.29 on psychology profession.
- Developing university courses in modern psychological testing such as:

master courses on: *Fundamentals in Analytical Psychology, Analytical relationships, Analytical techniques, Symbol analysis*;

courses in *Fundamentals in psycho diagnosis, Personality questionnaires, Projective Testing* (personality questionnaires, attitudes scales, abilities and intelligence tests, projective tests); *Advanced Techniques in Personality Assessment*
- Communication skills with trainees, students, subjects in testing service, conferences; clinical interview skills.

Present position:

Professor univ. PhD, National School of Political Studies and Public Administration, Bucharest, Faculty of Political Studies, Psychology

President, Professor & supervisor in Romanian Association of Analytical Psychology

Member of International Association of Analytical Psychology (IAAP) 2016 and founder of Psychoanalytic Society C.G. Jung (Romania) 2021

Jungian psychotherapist / psychoanalyst in private praxis

Research *Research domains*

Psychological assessment (including clinical evaluation); personality assessment: traits vs. types; analytical psychology, analytical psychotherapy – supervision and counter transference; multicultural and intercultural communication.

Project

- Coordinator of Romanian team of the international project: *From a cultural and national identity towards multicultural societies in Europe: cultural factors influencing the training process. Techniques of intercultural communicative skills. A Romanian- French-German research project, organized by „Research Centre for Youth problems”, București & „O.F.A.J.” Paris & „Freie Universitat”, Berlin, 1992 – 1994*
- *Romanian translation and experimentation of Temperament Test STI-R, international research, of Bienfield University, A. Angleitner, J.Strelau, 1992-1993*
- Project manager, Soros Foundation for an Open Society, Filiala Cluj Napoca, *The building and experimenting of personality inventory ABCD-M, 1995*
- World Learning, grant, International Summer School: *Assessment and psychological intervention for troubled children and adolescents, 2000*
- Member of research project, Partener 11, Spiru Haret University, A_C „Scientific and operational foundation of the management of socio-ecological systems (*Fundamentarea științifică și operațională a managementului sistemelor socio-ecologice*)”, Contractul CNCSIS 27694/14.03.2005
- Research contract, R045/ 10.05.2006 for the data base of for personality tests, D & D Consultants
- Research contract 000487: 2007, translation and experimenting, editing Romanian version of *NEO-PI-R*; D&D Consultants
- Research Contract, translation and experimenting, editing Romanian version of *NPQ & FF NPQ, 2005* ; D & D Consultants,
- RO-PPIBL: *Development of a comprehensive methodology for psychological testing*, expert psychologist, 2006

Membership in professional bodies

- General Secretary, member of Directory Board of Romanian Psychological Association (General Secretary, member of Directory Board) (APR, Asociația Psihologilor din România)
 - President and co-founder of the Romanian Association for Analytical Psychology (APIO, Asociația Română de Psihologie Analitica);
 - Member of IAAP (International Association for Analytical Psychology)
 - Psychoanalytical Society C.G. Jung (Romania), president and co-founder
 - Romanian Society of Psychosomatics and Behavioral Medicine
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(former vice president)

- *Romanian Psychological Council (member of Clinical Psychology and Psychotherapy Committee)*
- *Romanian Medical Council (member of Psychiatry and Psychology Commission)*
- *Psychological Commission of Ministry of Public Health, Strategic Commission of Ministry of Health*
- Federation of Romanian Psychotherapists (member of Professional Commission)
- European Association of Psychological Assessment

Books

- Minulescu M., 1995, *Young People and Youth Research in Romania. Data concerning Youth Perception and Problems*, în *Growing Up in Europe: Contemporary Horizons in Childhood and Youth Studies*, L. Chisom si al. (editori), Verlag de Gruyter, Berlin, New York, ISBN 3-11-014475-1
- Minulescu M., (1996), *Evaluarea psihologica în selecția profesională*, Ed. Pan Publ. House, București (180 pag.), ISBN 973-96-957-8-7 (Psychological assessment in personnel selection)
- Minulescu M., (1996), *Chestionarele de personalitate în evaluarea psihologică*, Garell Publ. House, București (400 pagini), ISBN 973-97471-2-4 (Personality Questionnaires in Psychological Assessment)
- Minulescu M., (2001), *Tehnici Proiective*, Ed. Titu Maiorescu (300 pg.), ISBN 973-98628-2-9 (Projective Techniques)
- **Minulescu M., (2001), *Introducere în analiza jungiană*, Ed. Trei (248 pag), ISBN 973-8291-01-1 (Introduction in Jungian Analysis)**
- Minulescu M., (2001), *Bazele psihodiagnosticului*, Ed. Univ. Titu Maiorescu, București, ISBN 973-99098-1-7 (Fundamentals in Psycho/diagnosis)
- Minulescu M., 2002, *Evaluarea trăsăturilor de personalitate și comportamentale*, în *Dimensiunea psihosocială a Practicii Medicale*, B. Luban-Plozza, B. Iamandescu (editori), Ed. Infomedica, București (43 pg.), ISBN 973-9394-93-0
- M. Minulescu, (2003), *Teorie și practică în psihodiagnoză, Testarea Intelectului*, Editura Fundației România de Măine, București (250 pag.), ISBN 973-582-690-9 (Theory and Practice in Psycho--Diagnosis. Intellect Testing)
- M. Minulescu,(2003), *Psihodiagnoza modernă. Chestionarele de personalitate*, Editura România de Măine, Bucuresti (Modern Psycho-Diagnosis. Personality Questionnaires)
- Minulescu, M., (2003), *Psihologia copilului mic*, Editura Psyche, (200 pag.), ISBN 973-86031-3-7 (Child Psychology)
- Minulescu, M. (2004), *Comunicare organizațională*,

(Organizational Communication)

- Minulescu, M., D. Ilescu, C. Nedelcea, (2005), *Chestionarele Nonverbale de Personalitate: N.P.Q., F.F.-N.P.Q.*, Editura PsihoCover, București, ISBN 973-87664-0-0 (Nonverbal Personality Questionnaires: NPQ and FF-NPQ)
- Minulescu M., (2006), *Relația psihologică cu copilul tău*, Editura Psyche, ISBN 973-87429-4-3 (Psychological Relationship with your child)
- Brânză N., Minulescu M., Popescu I., Vasile D.M., (2007), *Teologie și analiză*, Ed. Academiei Române, București (Theology and Analysis)
- Minulescu M., (2008), *Big Five ABCD-M (Manual)*, Cluj Napoca, Sinopsis
- Minulescu M., Lisievici P. 2007 *Children in Distress: Psychological Assessment and counselling for pet allergic children*, în B.I.Iamendescu (editor), *Psychoneuroallergology*, Amaltea Medical Publ. House
- Minulescu M., 2007, *Relația Psihologică cu copilul tău*, Ed Psyche
- Minulescu M., 2008, *Psihoterapia psihodinamica in bolile psihosomatice* (Psychodynamic psychotherapy in psychosomatic diseases) in I.B. Iamandescu (coord.) *Psihologie Medicala vol. II Psihosomatica generala*, Ed InfoMedica, Bucuresti, ISBN 973 7912-64-0
- Ilescu D., M. Minulescu, Nedelcea C, Ispas D., 2008, *Inventarul de Personalitate NEO Revizuit* (traducere și adaptare), Paul T. Costa, Jr., Robert R. McCrae, (Revised NEO Personality Inventory, NEO PI-R)
- D.Ilescu, M.Minulescu, C. Nedelcea, A. Ion, 2009, *Raportul psihologic: Redactare si evaluare* (romanian translation), K.Westhoff, M.L. Kluck, *Psychological Report*, Ed. D&D, Sinopsis, Cluj Napoca
- Minulescu M., and Co, 2010, *Singer –Loomis Type Deployment Inventory, Manual Tehnic*, Sinapsis, Cluj Napoca
- Minulescu M., 2010, *Povestiri de psihoterapie romaneasca, 19 cazuri inedite*, D. Zamoierescu (coordonare), Ed. Trei, 2010
- Minulescu M., 2011, *Muzica si afectivitatea*, in I.B.Iamandescu (redactor), *Muzicoterapie receptiva*, Ed. Fundatiei Andrei Saguna, Constanta, 161-175
- Minulescu M., Lisievici P., 2011, "The Feminine and the Masculine: Evolving Meanings in Collective and Individual Conscience", in *Gender Studies in the Age of Globalization. The Abstracts of the Conference*, Spiru Haret University, Bucharest, June 2-3, 2011, p. 127. Bucharest: Romania de Maine Publishing House, ISBN 978-1-935494-27-0.
- Minulescu M., 2011, *Using temperament to optimize teacher's educational adequacy*, (Abstract), in *IATED, 4th International Conference of Education, Research and Innovation*, Madrid (Spain), 14th -16th of November 2011. *Abstracts CD*, ISBN 978-84-615-3323-7.

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- Minulescu 2011, Using temperament to optimize teacher's educational adequacy, (Full paper), in *IATED, 4th International Conference of Education, Research and Innovation*, Madrid (Spain), 14th -16th of November 2011. *Proceedings CD*, ISBN 978-84-615-3324-4.
 - Minulescu M, Lisievici P, 2012, *La synchronicite dans le rancontre analytique*, in Munteanu et. al. (coordinators), *La Psychologie Transpersonnelle ou le temps du changement*, Editions Eurobit, Timisoara
 - Minulescu M. *Transpersonal Psychology in the ascent: investigations, discoveries, applications*. Munteanu A., Mindea K, (editori), Eurobit Publishing House, Timișoara.
 - **Minulescu M., 2012, *Complexele in viata psihica. Normalitate si patologie*, Ed PsihoMedia, Sibiu, ISBN 973-87429-9-4** (Complexes in Psychic Life: Normality and Psychopathology)
 - **Minulescu M., 2015, *Complexele psihice. Creativitate sau distructivitate*. Ed. Trei**
 - Minulescu M, 2017, Assessment of personality and psychopathology by projective methods, in *Psychological Evaluation. Clinical Psychologist's Manual*, Enea V., Dafinoiu I., Ed. Polirom 2017, ISBN 978973467005-5
 - Minulescu, M., 2018, Dionysus, archetype of childhood and epiphany trauma, in vol. *Spiritualization of contemporary man, an imperative of transpersonal psychology*, Munteanu A., Costea I., Anghel Th. (editori), Eurobit Publishing House, Timișoara.
 - Minulescu M., 2020, *Terapia și confruntarea trans-generațională. Terapia traumei originare dionisiace în Pa 30-67, Psihologia transpersonală, o știință de avangardă*, Munteanu A. , Minda K., Rotaru R. (editori), Ed. Eurobit, Timișoara
- Papers:**
- Conferences and articles in Journals**
- Ilescu, D., Nedelcea, C., & Minulescu, M. 2006. Noi alternative în evaluarea personalității: NPQ – Chestionarul Nonverbal de Personalitate, Adaptare și etalonare la populația României [Indigenization and norming of the NPQ in Romania], *Psihologia Resurselor Umane*, 4 (1), 49-61. BDI
 - Minulescu M., 2011, *Using ABCD-M to detect distorted self-image*, The 12th European Congress of Psychology ISTANBUL 2011 - 04-08 July
 - Minulescu M., 2011. Using temperament to optimize teacher's educational adequacy, *IATED, 4th International Conference of Education, Research and Innovation*, Madrid (Spain), 14th - 16th of November
 - Minulescu M., 2012, *Utilizarea tipologiei jungiene în optimizarea relației profesor – elev* Conferința națională cu participare internațională a psihologilor școlari, „Consilierea școlară între provocări și paradigme”, Constanța, 1-2 iunie 2012, Ediția a IV a
 - **Key note speaker:** and presented the paper, Minulescu M.,
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Lisievi P., 2012, *Transformations psychiques profondes visibles dans le processus de Sandplay*, Conférence Annuelle of the European Transpersonal Psychology Association (ETPA) Genève sept., 2012 : "Le réveil à la vie, à la sexualité, à la mort"

- Minulescu M., 2012, *Syntonic & projective counter-transference in supervision. Case study*, 2012, *The International Conference Psychology and the Realities of the Contemporary World*, Third edition, Bucharest, 18-21 October 2012, pp. 99, ISSN 1454-8062
- Minulescu M., 2012, *Underneath the university's organizational life: an analytical psychology organizational approach*, (Full paper), in International Technology, Education and Development, Conference INTED 2012, Valencia (Spain), 5th -7th of March 2012. *Proceedings CD*, ISBN 978-84-615-5563-5
- Minulescu M., 2013, *Exploring the implication of Jungian notion of organizational psyche: Facebook as a living organism*, 6th Annual Conference of the EuroMed Academy of Business (EMAB); Estoril Portugalia, sept. 2013.
- Minulescu M., (2013), *Exploring the implication of Jungian notion of Organizational Psychic: Facebook as a living organism*, In Vrontis, D., Weber, Y., Tsoukatos., D. *Confronting Contemporary Business Challenges through Management Innovation*. Book of Proceedings pp. 1530-1539. EuroMed Press, ISBN: 978-9963-711-16-1.
- 2014. **Key note speaker**, Minulescu M., *Reflections on the Transcendent Function and Consciousness' creativity*, European Association for Transpersonal Psychology, Annual Conference: Pleading for the Great Alliance between science and Spirituality, Iasi, September 12-14
- Minulescu M., 2014, EduWorld 2014, 7-9 noiembrie 2014, Pitești, lucrarea: *Is university capable to build resilience in students?* Conferință cotata ISI/Elsevire ScienceDirect, Scopus, & Thomson Reuters Conference Proceedings Citation Index
- **Comitetul științific** al conferinței Forumul PsyLex. și Coordonator Panel de discuții: "Psihologia înainte și după Cartea Rosie (Jung): paradigme vechi și noi", București, 15-16 decembrie
- Minulescu M, 2014, CPSYC 2014, 2-4 December, Antalia, lucrarea *Symbols of healing and transformation in psychotherapy: the Bridge*. Conferința cotata ISI/Elsevire ScienceDirect, Scopus, & Thomson Reuters Conference Proceedings Citation Index
- Boanca C., M Minulescu M., "Psychological Profiles and Psychopathological Aspects of the Infected Patients with HCV", 4th International Symposium on Adipobiology and adipopharmacology (ISAA), Romanian Academy, Bucharest, October 2015, Proceedings
- Camelia Boancă, Mihaela Minulescu and P.I.Calistru, 2016. *Psychological profiles and psycho-pathological aspects of the*

Infected patients with HCV REVISTA ACADEMIEI ROMÂNE. Proceedings of the Romanian Academy Series B: Chemistry, Life science and Geoscience, B+, Ianuarie 2016

- Camelia Patrascu Boancă, Mihaela Minulescu, G. Gherlan and P. I. Calistru, 2016. Psychic stress in C hepatitis virus infection, REVISTA MEDICALĂ ROMÂNĂ, B+, Vol. LXIII, Nr.4
- Boncu, Alexandru; Costea, Iuliana; Minulescu, Mihaela, 2018 "First evaluation of an experiential learning prevention program on reducing internalizing and externalizing behaviors and increase trait emotional intelligence in middle school students", has been successfully submitted online and is presently being given full consideration for publication in Psychology in the Schools. Wiley 2018 (Fi 1,18)
- Minulescu, M., 2019. Hermes, archetype of transformation in the analytical relationship, The Hermes and Aphrodite aeon, 25-31.08, XXI International Congress for Analytical Psychology, Vienna, International Congress of Analytical Psychology, Vienna, Proceedings
- Turcu C., Minulescu M. 2019, Development and personal growth group - A psychodynamic-analytical approach. The Transylvanian Journal of Psychology, nr. 1
- Turcu C., Minulescu M. 2019. Analytical group in mild depression - a pilot study of a short-term psychodynamic group intervention, The Transylvanian Journal of Psychology, nr. 2
- M. Minulescu 2020. Wounded but not wounded. Education toward enduring the sufferance with compassion and love. The primary wound as an archetypal drama. The meaning of a deep and compassionate therapeutic approach. International ETPA Conference, Paris (online).

Poetry books: (**member of Romanian Writers Association**)

- Obiecte stranii, Ed. Eminescu, 2000 (poetry)
- Fals tratat despre taina, Ed. Helicon, 1996 (poetry)
- Cuprinsul vorbirii, Eminescu, 1990 (poetry)
- Prieteni curajosi, Creangă, 1989 (stories for children)
- Dorul și ființa, Eminescu, 1986 (poetry)
- Din umbra lumii, Eminescu, 1983 (poetry)
- Luptele soldatului, Albatros, 1979 (poetry)
- Intrare în viața zilei, Literatorul, 1973 (poetry)
- Profet spre ziuă, Albatros, 1972 (poetry)

**Managerial
experience**

- President of Psychotherapy & Clinical Psychology Commission, Psychologist College Board 2005 – 2010, 2017-2021
- President of Strategic Commission from Public Health Ministry., 2006-2007, 2008- 2009
- President of Romanian Association of Analytical Psychology, 2000 - on
- Vice manager of master's programs in USH, 2006- 2007
- Dean of Psychology-Sociology Faculty, 1993 – 1996, Spiru Haret

University

- Vice-dean of Psychology Faculty of Titu Maiorescu University, 1999 – 2002
- General manager of Research Centre for Youth Research, 1991 - 1993

Am scris poezie din copilarie, prima carte publicata în anul II de facultate.

Am introdus psihologia analitica a lui C.G.Jung în cursurile maserale ale Facultății de Psihologie, Univ București, 1995

Am inființat Asociatia Romana de Psihologie Analitică, 2000. Prima asociație care formeaza psihoterapeuti analiști.

Sunt psihanalist jungian acreditat de Asociația Internațională de Psihologie Analitică, IAAP, Elveția

În acest an s-a înființat și prima Societate de Psihanaliză C.G.Jung din Romania

Fac parte dintre cei care au întemeiat Scoala Doctorală de Psihologie de la Cluj Napoca, Universitatea Babes-Bolyai apoi Scoala Doctorala de la Timișoara, Universitatea de Vest.

Motto *Chemat sau nechemat Dumnezeu este prezent* (Vocatus adque nonvocatus Deus aderrit, motto al lui Jung).

Poeți aproape de sufletul meu: Eminescu, Nichita Stănescu, Reiner Marie Rilke